2021 POD Class Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Tai Chi		Tai Chi		Tai Chi	
11:00 AM	10:30am - 11:15am		10:30am - 11:15am		10:30am - 11:15am	TWEENS
						Ages: 10 - 12
						11 - 11:45am
12:00 PM						TEENS & ADULTS
						Ages 13+
						12-12:45pm
1:00 PM						
1:00 PIVI						
2:00 PM						
3:00 PM						
4:00 PM	KIDS POD A	KIDS POD B	PODS A & B	KIDS POD A	KIDS POD B	
	Ages: 9 and under	Ages: 9 and under	Ages: 9 and under	Ages: 9 and under	Ages: 9 and under	
	4pm - 4:45pm	4pm - 4:45pm	4pm - 4:45pm	4pm - 4:45pm	4pm - 4:45pm	
5:00 PM	TWEENS POD A	TWEENS POD B	PODS A & B	TWEENS POD A	TWEENS POD B	
	Ages: 10 - 12	Ages: 10 - 12	Ages: 10 - 12	Ages: 10 - 12	Ages: 10 - 12	
	5pm - 5:45pm	5pm - 5:45pm	5pm - 5:45pm	5pm - 5:45pm	5pm - 5:45pm	
6-00 D14	TEFNODO	TEENO DOO D		TEENO DOD A	TEENO DOD D	
6:00 PM	TEENS POD A Ages: 13 - 17	TEENS POD B Ages: 13 - 17		TEENS POD A Ages: 13 - 17	TEENS POD B Ages: 13 - 17	
	6pm - 6:45pm	6pm - 6:45pm		6pm - 6:45pm	6pm - 6:45pm	
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7:00 PM	ADULTS POD A	ADULTS POD B	TEENS & ADULTS	ADULTS POD A	ADULTS POD B	
	Ages: 18+	Ages: 18+	Ages: 13+	Ages: 18+	Ages: 18+	
	7pm - 7:45pm	7pm - 7:45pm	7pm - 7:45pm	7pm - 7:45pm	7pm - 7:45pm	
8:00 PM						
9:00 PM						
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